



COLOURS OF SOUTH AFRICA TOUR

25 FEBRUARY - 4 MARCH 2014

Itinerary

A wonderful adventure awaits us in this new, exciting 8-day tour, where we explore the natural beauty, emerging design and exotic wildlife of The Rainbow Country.

Our travels start in the beautiful city of Cape Town, which lies at the south-western tip of Africa, nestled between the majestic Table Mountain range and the scenic Atlantic coastline. Our home is the traditionally grand and stylish Cullinan Hotel, overlooking the cityscape and within walking distance of the historic Waterfront and Exhibition Centre.

As South Africa's oldest city, Cape Town is the gateway to the African continent. It has a fascinating heritage balanced with a unique contemporary vibe that is reflected in the cultural innovation, artistic diversity and creative talent that we will see and experience at the Design Indaba Exhibition and Woodstock Design Centre.

From the restaurants and galleries in nearby wine lands of Franschhoek with its Cape Dutch architecture, to the Victoria and Alfred Waterfront boutiques, cafes and street markets, we will be immersed in Cape Town's cultural activities. Like me, I am sure you will be captivated by the delicious cuisine, easy lifestyle and interesting people, whose music and dance contribute so much to the magic of this amazing city.

Everyone needs to experience a Safari at least once in their lifetime. Following our passion for quality design and unique accommodation, our home for the second half of the tour is the 5-star Lion Sands River Lodge, Kruger National Park.

Living in this nature reserve is a wonderful experience, balancing holiday relaxation with stimulating adventures. Between our dawn and sunset Safaris, discovering the beauty of African wildlife in our 4x4 vehicles, we will relax by the pool or around the lodge and enjoy the superb local wine and cuisine. Observing the wildlife over the Sabi Sands River and Reserve is easy from the private viewing decks attached to our luxuriously thatched bedrooms in this idyllic and memorable countryside.

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Tuesday 25th February 2014

Arrival at our Hotel, the Southern Sun Cullinan.

The Cullinan offers travellers easy access to Cape Town's world-renowned V&A Waterfront, Convention Centre and CBD area. Complementing the rich, cultural heritage of Cape Town through timeless architecture, the hotel's recently refurbished décor creates a relaxing and sophisticated mood.



Wednesday 26th February 2014

7:30am Welcome Breakfast in the Hotel dining room.

8:30am We meet in the lobby for our city bus tour.

The perfect way to start our tour is via cable car up the majestic Table Mountain. From here we will be able to get our bearings and discover why Cape Town is described as one of the most beautiful cities in the world. We will explore the colourful Boer Cape area and Green Square market place and after coffee visit MonkeyBiz and Carol Boynes stores.



12:30pm We make our way to Woodstock, for lunch and a tour of the contemporary galleries, design studios and stores (shown here Haldane Martin's new showroom). This is the design hub of the city and an amazingly creative area where we will visit a foundry to see bronze sculptures being made.



5:30pm Return to our Hotel.

7:00pm We venture downtown to the African Café to experience traditional South African food, drumming and dance. As the founders of the restaurant said "We want to create food that celebrates Africa's rich tapestry of tastes and aromas." Their ceramic product range and little shop are well worth seeing too.



Thursday 27th February 2014

7:00am on Breakfast at leisure.

8:30am Meet in the lobby for our day's tour out of the city.

Our first stop today is in Khayelitsha, a township on the outskirts of Cape Town. James Fernie, who founded Uthando and Ekhaya eKhasi Art and Education Center that we support, will give us an inspiring philanthropic tour.



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Thursday 27th February 2014 (continued)

11.00am We continue on our journey into the beautiful countryside of the Western Cape, through orchards and gardens nestled in gentle valleys protected by towering mountains, to the magnificent vineyards of the Stellenbosch region. Here we will enjoy a stroll through this university town, sharing coffee and shopping opportunities in the quaint boutiques and galleries.



1.00pm The Stellenbosch and Franschhoek valleys form the Cape Winelands where Cape Dutch architecture abounds. We stop for wine tasting and lunch at Pierneef à La Motte Restaurant, whose chefs present traditional cuisine with a modern interpretation. The unique food styles and diverse flavours have been inspired by centuries of Cape Winelands Cuisine, spiced by influences from across the globe, using the precious ingredients of the local area.



3.00pm Tour of the Pierneef gallery. Nearby on the estate, is a gallery devoted to the work of Jacob Hendrik Pierneef who is generally considered to be one of the best of the old South African masters whose distinctive style in painting landscapes is widely recognized.



4.30 pm We arrive back at our hotel.

The afternoon and evening are at your leisure. We suggest you enjoy dinner at the Waterfront and even some shopping along the famous waterfront mall area if you wish.

Friday 28th February 2014

From 7:00am Breakfast at leisure.

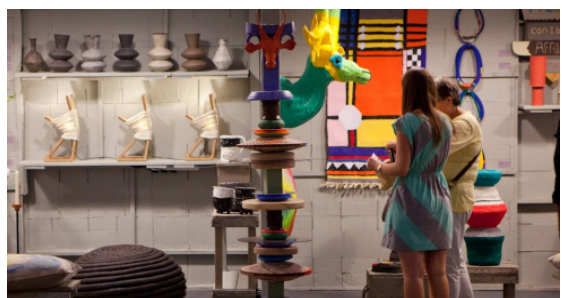
9:30am We meet in the lobby to walk to Design Indaba at the Convention Centre nearby.

Since 2004 Design Indaba Expo has been held annually at the Cape Town International Convention Centre. It has become one of the biggest curated design events in the Southern Hemisphere where products can not only be viewed, but also purchased from the creators.



A popular exhibition, it welcomes a wide range of design including: interiors, homewares, fashion, product design, visual art, jewellery and graphic design.

Lunch is available for you to purchase at the Convention Centre and you are welcome to spend all day at the Expo or wander up to Loop or Kloof Streets in the city or to the Waterfront, or even back to the Hotel for a swim!



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Friday 28th February 2014 (continued)

7.00pm Dinner at Baia Seafood Restaurant on the Victoria and Alfred Waterfront.

Set in a prime spot at the Victoria Wharf, the Baia enjoys spectacular panoramic harbour and ocean views. Patricio Cumaio, chef de cuisine, believes in using only the finest ingredients from locally caught seafood and freshly grown produce. When creating the Baia menu, he was inspired by a combination of fine continental cuisine, Portuguese colonial traditions and excellent quality wines from the Cape Vineyards.



Saturday 1st March 2014

From 7:00am Breakfast at leisure.
Today we head off for our Safari Lodge.

8.30am Check out and meet in the hotel lobby for our bus trip to the airport

10.00am Flight from Cape Town to Kruger Mpumalanga International Airport (KMIA) followed by a short Bus trip and then 4x4 vehicle travel to Lion Sands River Lodge.
Lunch will be enjoyed in transit.

3.00pm On arrival, you are welcome to join a sunset Safari or relax with afternoon tea.

Lion Sands River Lodge offers luxurious thatched roofed bedrooms, each with an elegant ensuite bathroom and private viewing deck. All rooms are fully air-conditioned and decorated in African Safari style in soft, natural, tones. Two lounge areas, two infinity pools and a Boma area for outdoor dining are ideal places to relax in between Safari drives.

7.00pm Dinner and beverages are served in the Lodge dining room or Boma.



Sunday 2nd March 2014

5:00am Depart Lodge in 4x4 vehicles for a sunrise Safari to view animals as they wake, wander and hunt.

8:00am Breakfast at leisure.

During the day, there is ample time to rest, read, laze round one of the two pools or enjoy time in the Lalamuka Health Spa.



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Sunday 2nd March 2014 (continued)

Lion Sands River Lodge on Sabi Sands is ideally situated on the banks of the scenic Sabi River, which borders the famous Kruger National Park. The reserve is home to a diverse range of African wildlife, which creates excellent opportunities for game viewing. Exciting Safari drives in 4x4 vehicles give you the chance of seeing rhino, leopard, lion, zebra, giraffe, buffalo and cheetah. Guided bush walks are ideal for bird watching where paradise flycatchers and martial eagles may be seen. Cameras are a must!



4.00pm Depart Lodge in 4x4 vehicles for a sunset Safari to view animals as they wander and hunt for food before resting.

7.00pm Dinner and beverages are served in the Lodge dining room or Boma.



Monday 3rd March 2014

5:00am Depart Lodge in 4x4 vehicles for a sunrise Safari to view animals as they wake, wander and hunt.

8:00am Breakfast at leisure.

During the day, between Safaris, there is ample time to rest, swim, read, laze round the pool or enjoy time in the Lalamuka Health Spa.



Lion Sands River Lodge owners, Nick and Rob More:
 "River Lodge offers one of the warmest welcomes you could hope to encounter on your travels; hosted by our family of extraordinary handpicked staff, who will make you feel completely relaxed and at home. In River Lodge we have tried to capture the spirit of the Sabi River, where the quiet luxury of our rooms provides a place of repose, after a day of exciting and enriching adventure in our beautiful country."

4.00pm Depart Lodge in 4x4 vehicles for a sunset Safari to view animals as they wander and hunt for food before resting.

7.00pm Farewell dinner and beverages are served in the Lodge dining room or Boma.



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Tuesday 4th March 2014

- 5:00am Depart Lodge in 4x4 vehicles for a sunrise Safari to view animals as they wake, wander and hunt for food.
- 8:00am Breakfast at leisure.
- 10am Check out and departures from Lion Sands River Lodge. Drive to Kruger Mpumalanga International Airport (KMIA). Fly to Tambo International Airport, Johannesburg for the journey home.



NOTE: The charity we support in South Africa is Uthando's Ekhaya eKhasi Art and Education Centre in Khayelitsha which offers art and craft learning opportunities to local children. As we are firm believers in the therapeutic nature of creativity, we will be giving art materials to the value of \$25 per Heartful Traveller to Uthando. If you are able to contribute extra art materials or a donations, please bring it with you and give it to Prue who organises the contributions.



LAND ONLY PACKAGE COST PER PERSON

Standard Package Costs

Twin Share Occupancy	\$7,995.00 per person (deposit of \$2,000.00 per person)
Single Supplement	Price on Application

A deposit of \$2,000.00 per person is required upon receipt of this registration form.
Final payment is required by **20th December 2013**

Please Note: Airfares are not included in the above price.
Please contact World Travel Professionals to organize air for your travel to South Africa.